

Thank you to all who attended the Beach Cities Partnership for Youth Coalition meeting on August 15, 2019. There were more than 100 attendees including elected officials from each city and school board, superintendents, and many local providers, parents and students, working together to achieve the Coalition goals of reducing substance use and improving mental health among Beach Cities youth.

Read the updated Community Action Plan [here](#).

Review the Coalition PowerPoint [here](#).

Highlights of the Coalition meeting included:

- Former Mira Costa High School student Cooper Roth's video about the tumultuous teen years, "[The In Between](#)," was shared.
- The **Youth Advisory Council** presented their PhotoVoice presentation and participated in an honest conversation about what community members and parents can do to help with anti-vaping efforts.
- Hermosa Beach City School District Superintendent **Pat Escalante** shared plans to continue upholding the tenets of the Sandy Hook Promise by incorporating a culture of inclusion and parent accountability within Hermosa Beach schools.
- Redondo Beach Unified School District Superintendent **Dr. Steven Keller** is looking forward to rolling out the "WorkWell to LiveWell" employee wellness initiative to support RBUSD employees.
- Manhattan Beach Unified School District Superintendent **Dr. Mike Matthews** shared the board-approved Culture of Care model for social-emotional learning.
- Hermosa Beach Mayor Pro Tempore **Mary Campbell** shared the importance of cross-agency collaboration following the Tri-Agency Study Session hosted in Hermosa Beach. Read the Tri-Agency Meeting report [here](#).
- **Racheal Wallis**, MindUP volunteer and Hermosa Beach parent, provided a brief recap of the success of last year's MindUP day.

- **Angela Wilson, LMFT**, clinical director at South Bay Children’s Health Center, shared how her organization and other local providers were able to support Mira Costa and Redondo Union High School students at the community resource expos during each school’s Mental Health Awareness Week.
- **Margot Parker**, educational consultant, shared a brief recap of the visit from Stanford University’s Steven Adelsheim, M.D., Director of the Stanford Center for Youth Mental Health and Wellbeing. This visit was an integral step toward Beach Cities Health District’s plan to develop a youth-focused wellness center in the Beach Cities.
- “Advice for Parents,” a video produced by South Bay Families Connected and starring students from the Beach Cities, was premiered at the meeting. The first of the Families Connected Speaker Series, “Media Moms & Digital Dads: A Fact-not-Fear Approach to Parenting in the Digital Age,” featuring Dr. Yalda Uhls, will take place Thursday, Sept. 19, 2019 at Hermosa Valley School from 6:30 – 8 p.m. Register [here](#).

Thank you to all who attended last week’s meeting. Our next Coalition meeting will take place on January 23, 2020, featuring a presentation by **Steven Adelsheim, M.D.** of Stanford University. Read more about the innovative Allcove model of student wellness [here](#).