Recipes

Pumpkin Chocolate Chip Cookies

Prep time: 45 minutes Cook time: 15 minutes Total time: 1 hour

Dry

- 3/4 cup almon flour
- 3/4 cup rolled oats
- 1/4 cup finely shredded (desiccated) unsweetened coconut (or you could try subbing more almond meal, oats, or even a GF flour blend)
- 1/4 cup dark chocolate chips
- 3/4 tsp baking powder
- 1/4 tsp sea salt (optional)
- 1 Tbsp pumpkin pie spice (or if you don't have any, use 2 teaspoons cinnamon, ½ teaspoon ginger, ¼ teaspoon nutmeg, 1/8 teaspoon clove, a pinch of allspice)
- 1/2 cup packed coconut sugar or brown sugar

Wet

- 1/4 cup aquafaba (the liquid in a can of chickpeas)
- 2 Tbsp pumpkin puree
- 2 Tbsp olive, avocado or canola oil
- 1/2 tsp vanilla extract

Instructions

- 1. In a large mixing bowl, stir together almond flour, oats, coconut, chocolate chips, baking powder, salt (optional), pumpkin pie spice, and sugar.
- 2. In a separate bowl, beat aquafaba (using a handheld mixer or by whisking vigorously, though it takes longer) until light and fluffy and loose peaks have formed. (Add a little cream of tartar to help it along if it's not whipping.)
- 3. To the aquafaba, add the pumpkin butter, oil, and vanilla (optional) and beat or whisk to combine. (The mixture will deflate a little that's okay). Then add to dry ingredients and mix until combined. If too wet, add a bit more almond flour or meal. Cover and chill in the refrigerator for at least 30 minutes or overnight.
- 4. Preheat oven to 350 degrees F and line a baking sheet with parchment paper.
- 5. Scoop chilled dough into roughly 2-Tablespoon amounts and place onto prepared baking sheet. Press down slightly to form a disc. Leave about a 1-inch gap in between each cookie to allow for spreading. There should be about 14 cookies. Option to add a few more chocolate chips on top.
- 6. Bake for 14-16 minutes or until the edges are slightly golden brown and they've expanded. Be careful not to burn (especially on the bottoms) they bake quickly toward the end.
- 7. Remove from oven and let cool for 5 minutes on the baking pan before serving. They will firm up the longer they cool they can be a bit tender right out of the oven.



