

Step by step Instructions on How to Set Up Your Reservation Account and Book an Appointment at the Center for Health & Fitness:

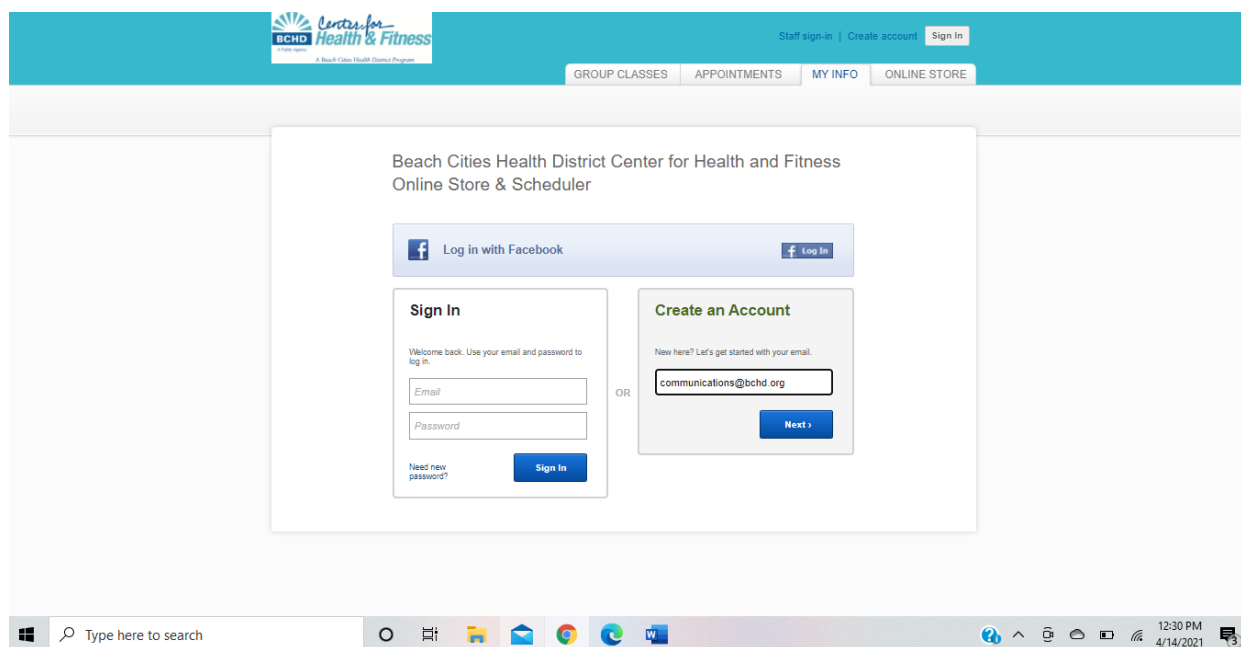
There are two ways to make a reservation at BCHD’s Center for Health and Fitness – MindBody App on your smart device or via website browser.

To Create an account via your online web browser:

Step One: Go to link provided below:

<https://clients.mindbodyonline.com/classic/ws?studioid=5719947&stype=-98>

Step Two: Go to ‘Create An Account’ – enter in your name and email address, select next (if you already have an account created enter in your email and password information)



Step Three: Complete sections 1 – 2 -3 (select preference on the following: Account Management & Reminders and Schedule Changes)

1. Contact Information

First name • Billy
Last name • Bob
Address • 514 N. Prospect Ave
City • Redondo Beach
State • California
Country • UNITED STATES
Postal code • 90277

2. Account Information

Email • communications@bchd.org
Password •
Confirm password •
Mobile phone • 3103745428

3. Family Members

Add Family Member

What do you want to hear about?
We'll still email receipts and anything critical.

Account management
 Email Text

Reminders and schedule changes
 Email Text

News and promos¹
 Email Text

¹ Clicking in to News and Promos means Beach Cities Health District Center for Health and Fitness can send you automated promotional messages. You'll never have to subscribe to buy something.

* Required field

Create Account

Congratulations!! Your account has been created.


Select the "Gym Reservations & Classes" tab to register for Gym Reservations. (go to APPOINTMENTS for Personal Training, Massage or Private Pilates)

Class Schedule

Today Day Week 4/19/2021

Start time	Classes	Instructor	Assistant	Room	Duration
Mon April 19, 2021					
6:30 am PDT	Gym Reservations	Open Gym		Indoor	1 hour
	Sign Up Now				
	(0 Reserved, 40 Open)				
8:00 am PDT	Gym Reservations	Open Gym		Indoor	1 hour
	Sign Up Now				
	(0 Reserved, 40 Open)				
9:30 am PDT	Gym Reservations	Open Gym		Indoor	1 hour
	Sign Up Now				
	(0 Reserved, 40 Open)				
11:00 am PDT	Gym Reservations	Open Gym		Indoor	1 hour
	Sign Up Now				
	(0 Reserved, 40 Open)				
12:30 pm PDT	Gym Reservations	Open Gym		Indoor	1 hour
	Sign Up Now				
	(0 Reserved, 40 Open)				
2:00 pm PDT	Gym Reservations	Open Gym		Indoor	1 hour
	Sign Up Now				
	(0 Reserved, 40 Open)				
3:30 pm PDT	Gym Reservations	Open Gym		Indoor	1 hour
	Sign Up Now				
	(0 Reserved, 40 Open)				
5:00 pm PDT	Gym Reservations	Open Gym		Indoor	1 hour
	Sign Up Now				
	(0 Reserved, 40 Open)				

For Gym Reservations – go to preferred day/time to reserve your time by selecting “Sign Up Now”. To complete your reservation select “Register as unpaid” (Reservations can be made up to 7 days in advance)


Welcome Billy Bob, you're signed in
Last sign-in: n/a [Sign Out](#)

[GROUP CLASSES](#) | [APPOINTMENTS](#) | [MY INFO](#) | [ONLINE STORE](#)

Make a Reservation

Gym Reservations

Instructor: Open Gym
 Time: 6:30 am - 7:30 am PDT
 Date: Monday 4/19/2021

[Make a single reservation](#)
[Register as unpaid](#)


Recurring Options

Make this reservation every: 1 Week(s)
 Select Days: Mon
 Start date: Monday 4/19/2021
 End date: Monday 4/19/2021

Total # Reservations: 1

[Make a recurring reservation](#)
[Register as unpaid](#)

Type here to search
12:35 PM 4/14/2021


Welcome Billy Bob, you're signed in
Last sign-in: n/a [Sign Out](#)

[GROUP CLASSES](#) | [APPOINTMENTS](#) | [MY INFO](#) | [ONLINE STORE](#)

[Profile](#) | [My Schedule](#) | [Visit History](#) | [Purchase History](#) | [Account](#)

My Schedule

You've Booked: Gym Reservations on 4/19/2021 at 6:30 am [Book another class](#)

Day	Time	Share	Class	Instructor	Room	Web	Reschedule	Cancel
Next week at Beach Cities Health District Center for Health and Fitness								
Mon 4/19/2021	6:30 am PDT		Gym Reservations	Open Gym	Indoor	Yes		Cancel

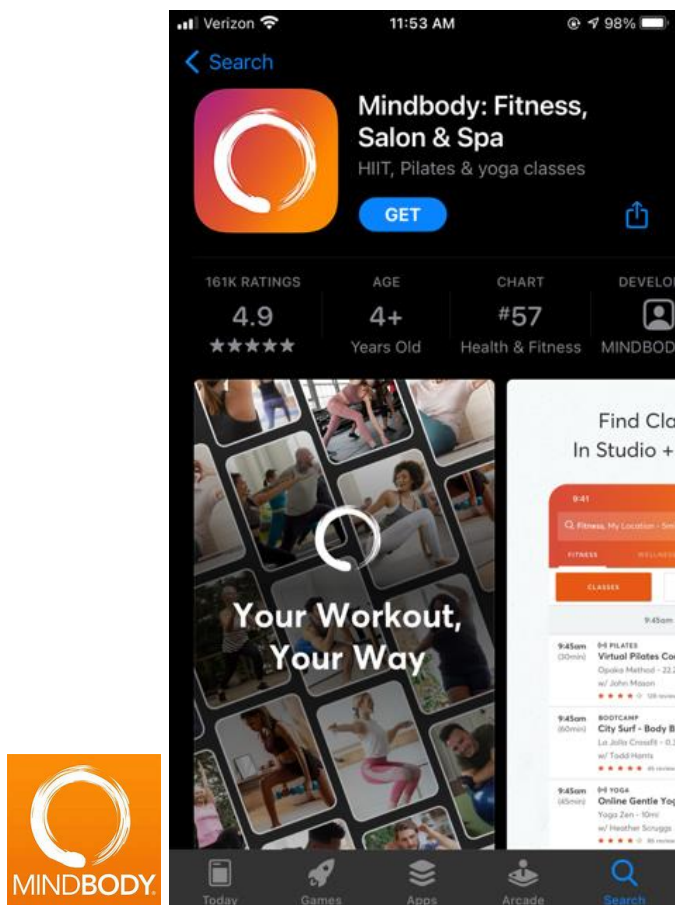
Cancellation Policy

If you would like to cancel or modify a reservation or appointment, click "Cancel."
 "Late Cancel" appears when the online cancellation period has passed. This option can be used to allow another person to register in that availability. For more information, please contact Beach Cities Health District Center for Health and Fitness at (310) 374-3426.

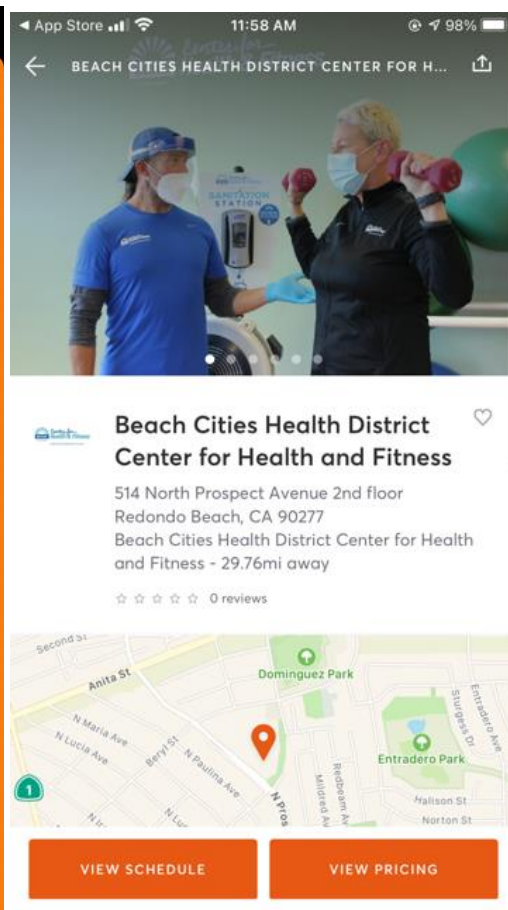
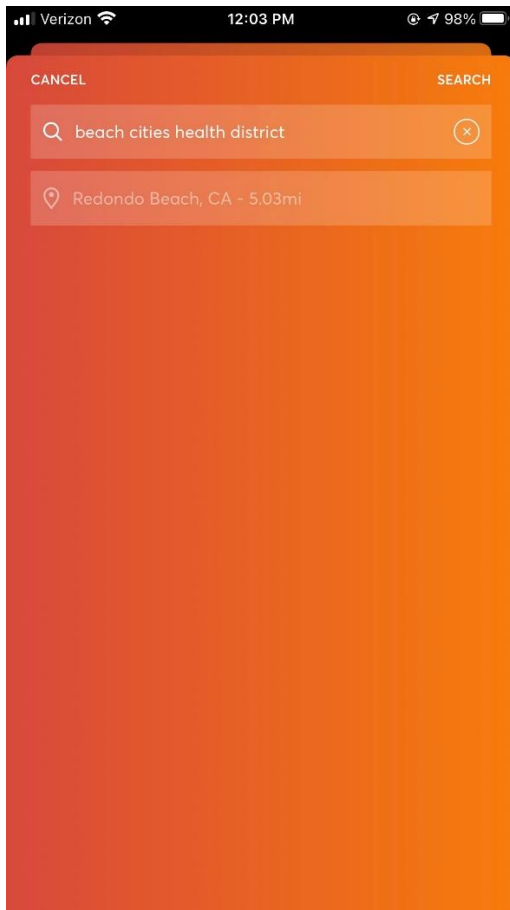
Type here to search
12:36 PM 4/14/2021

To Create an account via the App:

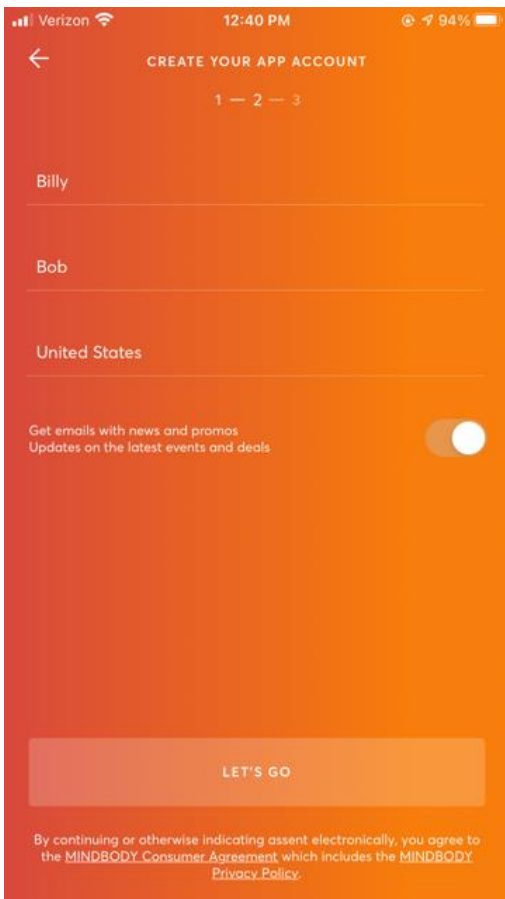
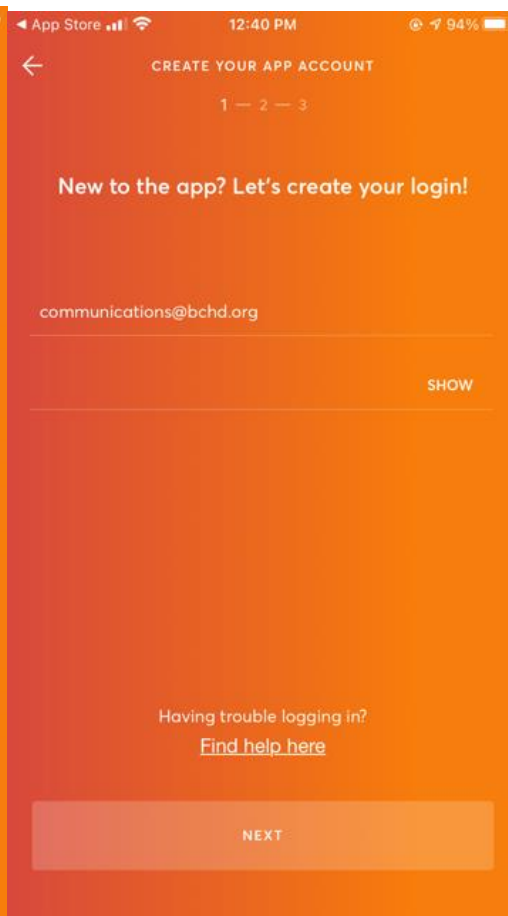
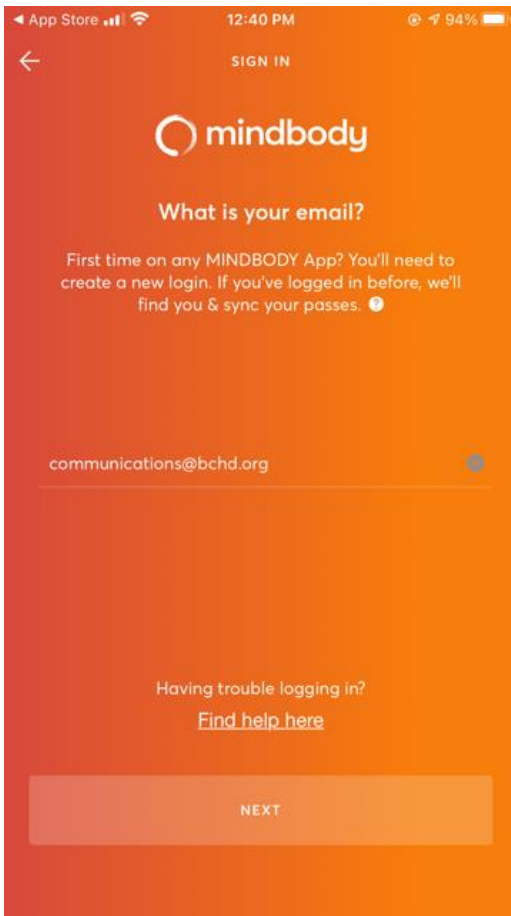
Step One: Download Mind Body App onto your smartphone or tablet



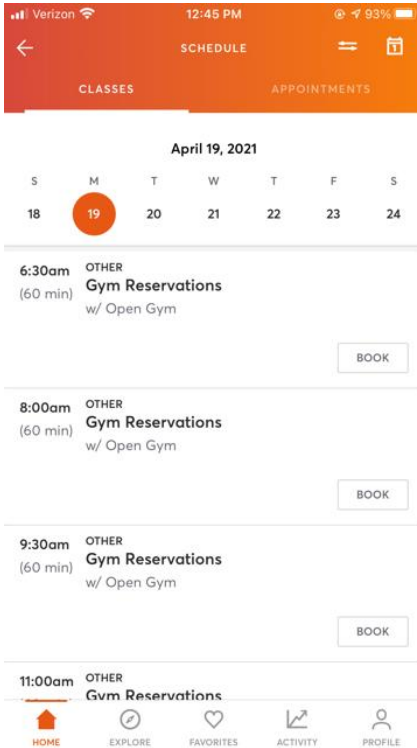
Step Two: Search for Beach Cities Health District Center for Health and Fitness



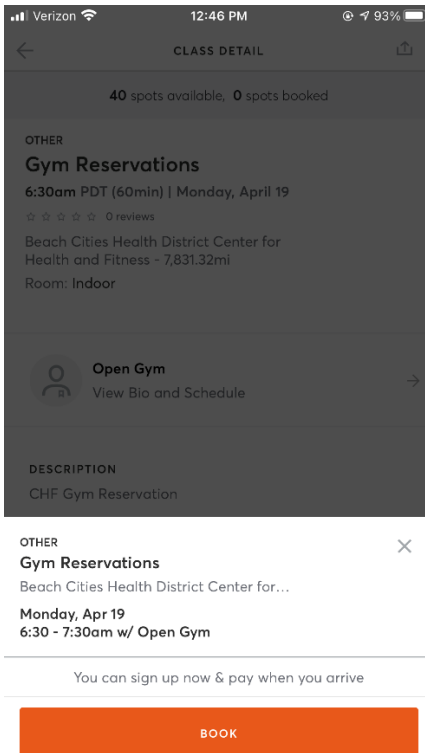
Step Three: Create an Account – enter your name and email address, select NEXT



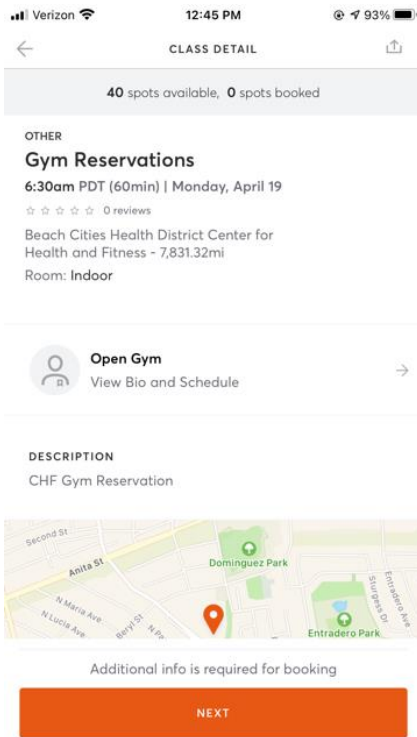
Step Four: Step Four: Go to “Gym Reservations & Classes” to register for Gym Reservations.



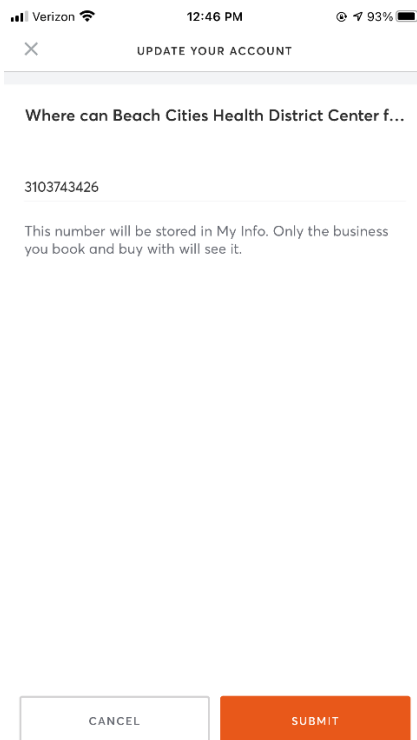
Step Five: Select preferred date/time and select BOOK (*Reservations can be made up to one week in advanced.*)



Step Six: View your selection and press NEXT



Step Seven: Enter in your mobile phone number and select SUBMIT



Step Eight: Press BOOK to make your reservation – your confirmation will be sent to you via email or text message (based upon your preference)

