Step by step Instructions on How to Set Up Your Reservation Account and Book an Appointment at the Center for Health & Fitness:

There are two ways to make a reservation at BCHD's Center for Health and Fitness – MindBody App on your smart device or via website browser.

To Create an account via your online web browser:

Step One: Go to link provided below:

https://clients.mindbodyonline.com/classic/ws?studioid=5719947&stype=-98

Step Two: Go to 'Create An Account' – enter in your name and email address, select next (if you already have an account created enter in your email and password information)

	& Fitness M Dinker Program		Staff	sign-in Crea	ate account Sign In		×
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	Beach Cities Health Distr Online Store & Schedule	rict Cen r	ter for Health and Fit	Ness Log In			
	Sign In Welcome back. Use your email and password to		Create an Account	al.			
	log in. Email Password] OR	communications@bchd.org				
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Step Three: Complete sections 1 – 2 -3 (select preference on the following: Account Management & Reminders and Schedule Changes)

BCHD Health	& Fitness		Sta	ffsign-in Creat	e account Sign In			ŕ
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Congratulations!!! Your account has been created.

Select the "Gym Reservations & Classes" tab to register for Gym Reservations.

			GYM RES	SERVATIONS 8	CLASSES	MY INFO
		All service categorie	es 👻 All clas	ss types	✓ All teach	ers
Class Scheo	lule		Today C	ay 👂 🔍 Week	4/19/2021	†
Start time		Classes	Instructor	Assistant	Room	Duration
Mon April 19, 2021						
6:30 am PDT	Sign Up Now (0 Reserved, 40 Open)	Gym Reservations	Open Gym		Indoor	1 hour
8:00 am PDT	Sign Up Now (0 Reserved, 40 Open)	Gym Reservations	Open Gym		Indoor	1 hour
9:30 am PDT	Sign Up Now (0 Reserved, 40 Open)	Gym Reservations	Open Gym		Indoor	1 hour
11:00 am PDT	Sign Up Now (0 Reserved, 40 Open)	Gym Reservations	Open Gym		Indoor	1 hour
12:30 pm PDT	Sign Up Now (0 Reserved, 40 Open)	Gym Reservations	Open Gym		Indoor	1 hour
2:00 pm PDT	Sign Up Now (0 Reserved, 40 Open)	Gym Reservations	Open Gym		Indoor	1 hour
3:30 pm PDT	Sign Up Now (0 Reserved, 40 Open)	Gym Reservations	Open Gym		Indoor	1 hour
5:00 pm PDT	Sign Up Now (0 Reserved, 40 Open)	Gym Reservations	Open Gym		Indoor	1 hour

For Gym Reservations – go to preferred day/time to reserve your time by selecting "Sign Up Now". To complete your reservation select "Register as unpaid" (Reservations can be made up to 7 days in advance)

A bush Clean Haddo Darey Program	O Welcome Billy Bob, you're signed in Lust signife: #/a Sign Out GROUP CLASSES APPOINTMENTS MY INFO ONLINE STORE
Make a Reservation Cym Reservations Instructor Open Oym Case 6.30 am - 7.30 am PDT Date Monday 4/19/2021 Make a single reservation Register as unpaid	Recurring Options Mate this reservation every Select Days Start data: Monday 4/19/2021 End date: Monday 4/19/2021 Total # Reservations: 1 Make a recurring reservation Register as unpaid
ダ Type here to search	

BCHD A Delet Aperson	for_ & Fitness	5			O Welco	ome Billy Bob), you're signed i Last sign-in: n	n Sign Out			
A Beach Cities H	ealth District Program		GROUP	LASSES APPOIN	ITMENTS	MY IN	NFO ON	LINE STORE			
			Profile	My Schedule	Visit History	v Pur	chase History	Account			
				-							
My Sched	lule	You've Booked: G	ym Reservations on 4/19/2021 at 6	3:30 am	Boo	k another cla	55				
Day	Time	Share	Class	Instructor	Room	Web	Reschedule	Canoel			
Next week at Beach	Cities Health Dist	trict Center for He	alth and Fitness	0	Indexe	Vee		Control			
Mon 4/19/2021	0.50 am PD1		Gym Reservations	Open Gym	Indoor	162		Cantel			
Cancellation Po	olicy										
If you would like to ca	ancel or modify a res	servation or appoint	tment, click "Cancel."								
"Late Cancel" appear	s when the online o	ancellation period h	nas passed. This option can be used	to allow another person to regi	ister in that avai	ilability. For mo	ore information, pl	ease contact			
Beach Cities Health	District Center for He	ealth and Fitness at	t (310) 374-3426.								
	_			_					-	12:36 PM	4

To Create an account via the App:

Step One: Download Mind Body App onto your smartphone or tablet



Step Two: Search for Beach Cities Health District Center for Health and Fitness



Step Three: Create an Account - enter your name and email address, select NEXT



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	CREATE YOUR APP ACCOUNT	
Billy		
Bob		
United Stat	tes	
Get emails with Updates on the	n news and promos Flatest events and deals	

Step Four: Step Four: Go to "Gym Reservations & Classes" to register for Gym Reservations.

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9:30am (60 min)	OTHER Gym R w/ Oper	eserv e n Gym	ations			
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11:00am	OTHER	eserv	ations			

Step Five: Select preferred date/time and select BOOK (*Reservations can be made up to one week in advanced.*)



Step Six: View your selection and press NEXT



Step Seven: Enter in your mobile phone number and select SUBMIT

📶 Verizon 🗢	12:46 PM	
\times	UPDATE YOUR ACCOUNT	

Where can Beach Cities Health District Center f...

3103743426

This number will be stored in My Info. Only the business you book and buy with will see it.

CANCEL

SURMIT

Step Eight: Press BOOK to make your reservation – your confirmation will be sent to you via email or text message (based upon your preference)

