

Best Practices to Keep Your Moai Safe

Moais® follow the latest Los Angeles County COVID-19 guidance for small gatherings and recommend masks, proof of vaccination or negative COVID-19 test based on the comfort or risk-level of participants. *Some Moais may require enhanced COVID-19 safety measures.*

- **Get vaccinated.** It is the best way to protect against COVID-19. Visit bchd.org/covidvaccine for more information.
- **Wear a mask that fits and filters well.** Your mask is one of the most powerful tools you have to protect yourself and other unvaccinated people.
 - Everyone, regardless of vaccination status, must wear a mask in all indoor public settings, venues, gatherings, and public and private businesses in Los Angeles County. Masks are also required while using public transport, in transportation hubs, outdoors at Mega Events, and at any other business if that is the policy of the venue.
 - You are allowed to take off your mask while you are actively eating or drinking.
 - It is strongly recommended that you wear a mask at private indoor social gatherings with people outside your household, unless everyone at the gathering is fully vaccinated.
- **Avoid crowded places.** Being in crowds, especially indoors, puts you at a higher risk. If you need to be indoors, try to go during non-peak hours and consider wearing a more protective mask. Limit how long you are there.
- **Improve air flow.** Go outside. Avoid indoor spaces with poor air flow as much as possible. Open windows and doors, use fans and portable air cleaners, run heating and air, and upgrade filters.
- **Choose outdoor spaces for social and fitness activities.**
- **Keep your distance.** Use two arms lengths as your guide (about 6 feet) for physical distancing with people outside your household when you are not sure that they are fully vaccinated.
- **Socialize with the same set of friends and relatives** rather than mixing with many different people who are not vaccinated.
- **Be flexible.** Be willing to change your plans or leave if you find yourself in a place where COVID-19 can spread more easily. For example, indoors in a loud crowded restaurant with a lot of people who are not wearing masks.
- **Wash your hands and/or use hand sanitizer often** - especially after being in public spaces where surfaces are touched by many people. Avoid eating and touching your face with unwashed hands.
- **Stay home when sick.** If you have **symptoms of COVID-19**, talk to a doctor and get a test. You should stay home and away from others until you get the result of your COVID-19 test or until your provider tells you that you don't have COVID-19.

Source: [Los Angeles County Department of Public Health](https://www.lacounty.gov/health)

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