

Feed Your Well-Being – Blue Zones Project® helps local eateries optimize their establishments for health.



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Find out which Blue Zones Project Approved™ Restaurants and Grocery Stores have take out, curbside pick-up or delivery.

REDONDO BEACH

		Outdoor Dining	To-Go	Curb Pick-Up	Delivery
Al Hamra Halal Café	(310) 371-5919	•	•	•	•
Baleen Kitchen	(310) 372-1202	•	•		•
Bettolino Kitchen	(310) 375-0500	•	•	•	
Bistro Miyoda	(310) 376-1081		•	•	•
Bluewater Grill	(310)318-3474	•	•	•	•
Bollywood Zaika	(424) 398-0056	•	•	•	•
California Pizza Kitchen	(310) 370-9931	•	•	•	•
Captain Kidd's	(310) 372-7703	•	•	•	•
Chicken Maison	(310) 725-0035	•	•		•
Coyote Cantina	(310) 376-1066	•	•	•	•
Dominique's Kitchen	(424) 247-9054	•	•		
Eat At Joe's	(310) 376-9570	•	•	•	•
El Gringo	(310) 316-8032		•	•	•
Fitch's Kitchen	(310) 379-5200	•	•		•
Flyin Fin Sushi and Seafood	(310) 373-3718	•	•		•
Fresh Brothers Pizza	(310) 374-5678		•	•	•
Good Stuff	(310) 316-0262	•	•	•	•
Happy Veggie	(310) 379-5035		•		•
Havana Mania	(310) 725-9075	•	•		•
IShabu Shabu	(310) 540-5846	•	•		•
Jersey Mike's Subs	(310) 374-4900		•	•	•
Jus' Poke	(310) 379-1133	•	•	•	•
Kincaid's	(310) 318-6080	•	•	•	•
Kirari West	(310) 376-5313	•	•		•
L&L Hawaiian Barbecue	(310) 375-0333		•	•	•
Locale90 Neapolitan Pizza	(310) 540-9190	•	•	•	•
Made by Meg	(310) 376-8600				Catering
Maderos Cocina Mexicana	(424) 350-7031	•	•		•
Napoli Pizza and Pasta	(310) 371-7178		•	•	•
Natural World Market & Café	(424) 247-8460	•	•	•	•
Natureba	(310) 597-4517	•	•		•
Ocho Mexican Grill	(310) 272-5885	•	•		•
Panelas Brazil Cuisine	(310) 214-4143	•	•	•	•
Pho Hue Oi	(310) 263-1123	•	•		•
Pho PCH	(424) 206-1072	•	•		•
Phuket Thai Restaurant	(310) 374-9598		•		•
Quality Seafood	(310) 372-6408	•	•	•	•
R10 Social House	(310) 798-2500	•	•	•	•
Riviera Village Pizza	(310) 373-4545	•	•	•	•
Rock & Brews	(310) 378-4970	•	•		•
Sacks in the City	(310) 372-1660	•	•		•
Sacks on the Beach	(310) 540-3770	•	•		•
Sea Level (Shade Hotel)	(310) 921-8950	•	•	•	•
South Bay Catering Company	(310) 957-9639		•		•
Super Bowl Acai	(424) 456-7983	•	•	•	•
The Grain Café	(424) 304-2694	•	•	•	•
The Great Room	(424) 999-1333	•	•	•	•
The Green Temple	(310) 944-4525	•	•	•	•
The Rockefeller	(424) 350-7862	•	•	•	•
The Slip Bar	(310) 376-8910	•	•		•
Turquoise	(310) 373-3234	•	•	•	•
Wildflower Café	(310) 406-3808	•	•	•	•
Ws China Bistro	(310) 792-1600	•	•	•	•
Yum Thai Bistro	(310) 316-1188		•		•

Zayna Flaming Grill (310) 540-0777

HERMOSA BEACH

Boccatto's Groceries	(310) 376-0574		●	●	●
El Gringo	(310) 376-1381	●	●		●
Good Stuff	(310) 374-2334	●	●	●	●
Greenbelt	(310) 259-7761	●			
Green Store	(310) 376-5901	●	●		●
Gum Tree Cafe	(310) 376-8733	●	●	●	●
Lazy Acres (Grocery Store)	(424) 260-1400		●		
Ocean Diner	(310) 372-3739	●	●	●	●
Paradise Bowls	(310) 374-5284	●	●		●
Pedone's Pizza & Italian Kitchen	(310) 376-0949	●	●		●
Playa Hermosa Fish & Oyster Co.	(310) 504-0088	●	●	●	●
Poke Bar	(213) 321-5500				●
Poulet Du Jour	(310) 376-6620		●		●
Rabano	(310) 318-1998		●	●	●
Ready, Fit, Go Healthy Foods	(310) 318-3188		●	●	●
Silvios Brazillian BBQ	(310) 376-6855	●	●		●
Spice Six	(310) 372-2419		●		●
The Rockefeller	(310) 597-1239	●	●		●
The Source Cafe	(310) 376-2355	●	●	●	●
The Spot	(315) 318-1600	●	●	●	●
Watermans	(310) 372-4462	●	●		
Zane's	(310) 374-7488	●	●		●

MANHATTAN BEACH

Brooklyn Brick Oven Pizza	(310) 379-6599	●	●		●
Cafe Wild	(310) 545-2444	●			●
California Pizza Kitchen	(310) 796-1233	●	●	●	●
El Gringo	(310) 372-6080		●		●
Fresh Brothers Pizza	(310) 546-4444		●	●	●
GROW	(310) 545-2904		●		●
India's Tandoori	(310) 374-7300	●	●	●	●
Le Pain Quotidien	(310) 546-6411	●	●		●
Lido di Manhattan	(310) 536-0730	●	●	●	●
M & LOVE	(424) 247-8998	●	●		●
Manhattan Bread & Bagel	(310) 545-7553	●	●		●
Manhattan Country Club Din.	(310) 546-5656	●	●		
Manhattan Country Club Poolside Bar	(310) 546-5656	●	●		
Manhattan House	(310) 574-2277	●	●		●
O-Sho Japanese Restaurant	(310) 372-6156	●	●		●
OB's Pub & Grill	(310) 546-1542	●	●		●
Paradise Bowls	(310) 374-5284	●	●		●
Sloopy's Beach Café	(310) 545-1373	●	●	●	●
SunLife Organics	(310) 545-7773		●	●	
Thai Dishes	(310) 546-4147	●	●		●
The Kettle	(310) 545-8511	●	●	●	●
The Original Rinaldi's Italian Deli	(310) 379-9968	●	●	●	●
The Rockefeller Manhattan Beach	(310) 545-5810	●	●		●
Tin Roof Bistro	(310) 939-0900	●	●		●
Zinc @ Shade	(310) 546-4995	●	●	●	●

OTHER

Chef for Seniors	(424) 224-9780				Meal Plan Service
LOVE Premier Catering and Event Planning	(323) 877-2500				Catering Service
South Bay Catering Company	(310) 957-9639				Catering Service

*Restaurant take-out, curbside pick-up and delivery subject to change.
Updates from public health officials are changing frequently – daily and even hourly, which may alter the recommendations for food pick-up and delivery.