Continuum of Care for Older Adults

AGING GRACEFULLY IN THE BEACH CITIES



bchdcampus.org



Preventive Care Programs



Insurance sponsored Home Health



BCHD Care Management



PACE (Program of All-Inclusive Care for the Elderly)



Assisted Living



Memory Care



Skilled Nursing Facility

For Older Adults Living Independently at Home or in 55+ Communities

Residential Care Facilities for the Elderly (RCFE)

Currently provided by BCHD

- Classes, workshops and virtual programming for independent older adults living in the community.
- This includes the 3,500 member Center for Health & Fitness, the only Medical Fitness Association-certified facility in California.

Not provided by BCHD

- Insurance assists with home care after a hospitalization, illness or accident.
- This help is time-limited and BCHD often receives referrals for older adults who have exhausted their insurance benefit and still need assistance.

Currently provided by BCHD

- Includes in-home services for 440 adults, volunteer support, care planning and consultation and (limited) transportation assistance.
- These services are provided for Beach Cities adults age 55 and up and adults with disabilities, who are able to stay at home safely with intermittent support.

Proposed BCHD Service

- Program includes medical care, medication management and adult day health care services.
- BCHD will partner to provide programming, volunteers and access to the Center for Health and Fitness for occupational and physical therapy.

Proposed for Healthy Living Campus

- Assisted living residents need varying levels of support on a daily basis.
- Assisted Living residents will be integrated into site activities (social and care-related) through PACE and Wellness Center.

Currently provided on BCHD Campus

- Memory Care serves older adults with memory impairment who need a safe, supervised environment.
- Residents can participate in integrated programming options both inside the facility and as a part of campus life.

Not provided by BCHD

- Provides long-term custodial stays or short-term rehabilitation stays for very ill individuals with complex medical needs or people on MediCal.
- Medical care ranges from assistance with bathing and dressing to feeding tubes or ventilation.

Level of Assistance Provided

High

Low

COLOR KEY

■ Services included in Proposed Healthy Living Campus Project

■ Services <u>not</u> included in Proposed Healthy Living Campus Project