

PROTECT YOURSELF & OTHERS FROM COVID-19

How to wear a cloth face covering



- Wear your face covering so it comes all the way up close to the bridge of your nose.
- Make sure it covers all the way down under your chin.
- Do your best to tighten the loops or ties so it's snug around your face, without gaps.

How not to wear a cloth face covering



- **DON'T** wear your face covering so it is below the tip of your nose.



- **DON'T** leave your chin uncovered.



- **DON'T** push your face covering under your chin to rest on your neck.



- **DON'T** wear your face covering loosely with gaps on the sides.

Be prepared and don't leave the house without your cloth face covering



REQUIRED

Under the Los Angeles County Health Officer Order, residents are required to wear a cloth face covering over their nose and mouth whenever they leave home and are or can be in contact with or walking near or past non-household members.



NOT REQUIRED

Children under 2 and individuals who have trouble breathing or who have been instructed not to wear a cloth face covering by a medical provider are exempt from wearing one.

Source: Los Angeles County Department of Public Health