



**HOURS**  
 SUNDAY-THURSDAY 10am-6pm  
 FRIDAY 10am-7pm  
 SATURDAY 4pm-7pm  
 Hours subject to change.  
**AdventurePlex.org**

# Fall Classes 2019

## September 9 – November 15

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>South Bay Music Together</b> Cost: \$220 Ages: 0-5 yrs. Sibling: \$110 (over 9 mo.) Date: Sept. 9 – Nov. 11 Time: 9:30 – 10:15 a.m.	<b>Dave Miller Basketball Clinic</b> Cost: \$170 Ages: 8-10 yrs. Date: Sept. 10 – Nov. 12 Time: 3:45 – 4:45 p.m.	<b>SuperTots Multi-Sport</b> Cost: \$176 Ages: 26-35 mo. Date: Sept. 18 – Nov. 6 Time: 11:30 a.m. – 12:15 p.m.	<b>South Bay Music Together</b> Cost: \$220 Ages: 0-5 yrs. Sibling: \$110 (over 9 mo.) Date: Sept. 12 – Nov. 14 Time: 4:30 – 5:15 p.m.	<b>Sports Fundamental Soccer</b> Cost: \$108 Ages: 3-5 yrs. Dates: Sept. 13 – Nov. 15 Time: 4:30 – 5:15 p.m.
<b>Dave Miller Basketball Clinic</b> Cost: \$170 Ages: 5-7 yrs. Date: Sept. 9 – Nov. 18 Time: 3:45 – 4:45 p.m. *No class Veteran's Day	<b>Mother Nurture Network Toddler &amp; Me</b> Cost: \$195 Ages: 12-24 mo. Dates: Sept. 10 – Oct. 15 Time: 3:45 – 5 p.m.			<b>Sports Fundamental Basketball</b> Cost: \$108 Ages: 3-5 yrs. Dates: Sept. 13 – Nov. 15 Time: 5:15 – 6 p.m.
				<b>Basketball Skills</b> Cost: \$108 Ages: 6-8 yrs. Dates: Sept. 13 – Nov. 15 Time: 6 – 6:45 p.m.

## Sports

### Basketball Skills

Kids will have fun developing their overall basketball skills. This is a great class for kids to learn balance, basic conditioning, hand eye coordination, ball handling, speed and agility. We will focus on dribbling, passing, shooting, scoring and basic team play. They will also gain self-confidence and increase their sportsmanship and teamwork.

### Dave Miller Basketball Clinic

Basketball instruction and fundamental review of dribbling, passing and shooting. MVP camp is one of the most popular sports classes at Adventureplex. Players will learn the fundamentals of the sport of basketball, grow in confidence of their abilities, and apply what they learn in a game environment. Sign up for this class and grow as a player and as a person.

### Sports Fundamentals: Basketball

Before a child can become the next NBA all-star, they have to develop a love for the game. Basketball FUNdamentals will get your kids

started the right way, by using play and games to teach basic basketball skills like shooting, passing, dribbling and teamwork.

### Sports Fundamentals: Soccer

Kids who enjoy soccer practice are more likely to continue, so we created Soccer FUNdamentals to get them started right. Your children will leave knowing basic soccer skills, including dribbling, passing and scoring, but with a focus on play and fun rather than competition.

### SuperTots Multi-Sport

A development program for kids that uses a variety of fun games to engage kids while exposing them to a variety of different sports. The goal is to build fitness, muscle coordination, and sports fundamentals while fostering a love of athletics.

## Music, Language and Art

### South Bay Music Together

Music learning supports all learning. It enhances a child's language, cognitive, emotional, social, and physical development. This compre-

hensive music program offers your child a high level of music education through open expression, exploration, and play.

### Mother Nurture Network Toddler and Me

With a focus on attachment, the unique developmental experiences at each age and stage, and a wide variety of discussion topics, moms are supported as they discover their own parenting style. Songs and fun developmental activities are designed to facilitate a nurturing environment and optimal learning. Topics covered include reflective parenting, overcoming fears, tantrums, conflict resolution, screen time, preschool prep, toilet training and so much more. Classes meet on the same day and at the same time throughout your toddler's second year to allow for moms to move through this journey as a cohort and to foster life long bonds. Classes are held in Manhattan Beach at AdventurePlex.