

# JOIN US for VIRTUAL WALK TO SCHOOL DAY



More kid-power. Less horsepower.

**WEDNESDAY  
OCTOBER 7**

Although Walk to School Day is virtual, it's still a great idea for students and families to be active! We encourage you to walk together as a family. Choose a time that works for you and share photos of your walk on social media (use **#WalktoSchoolDay**)!



Ailani, age 6, 1st grade

Remember to follow the public health guidance and wear your face covering and stay at least 6 feet apart from others who are not part of your household. If you're not feeling well, please stay home.

For more information, contact **Tami Kachel, MPH**,  
School Health Programs Coordinator, at  
[tami.kachel@bchd.org](mailto:tami.kachel@bchd.org) or **310-374-3426 ext. 161**.

