

Module 4: Water

Lesson Theme: Reinforce the benefits of drinking water daily and increase knowledge related to alternative sources of water.

ACTIVITY: Students will volunteer to act out a word from the Water Works word bank using silent gestures. Try and guess the word and then fill in the blank with the correct word from the word bank.

Water Works Charades

Wordbank: Water, Exercise, Breathe, Sweat

1. We lose water when we _____sweat



2. Drinking water after <u>exercise</u> is the best.



3. Every time we ______, we lose a little bit of water.



4. Animals, plants and humans all need ______ to survive.

