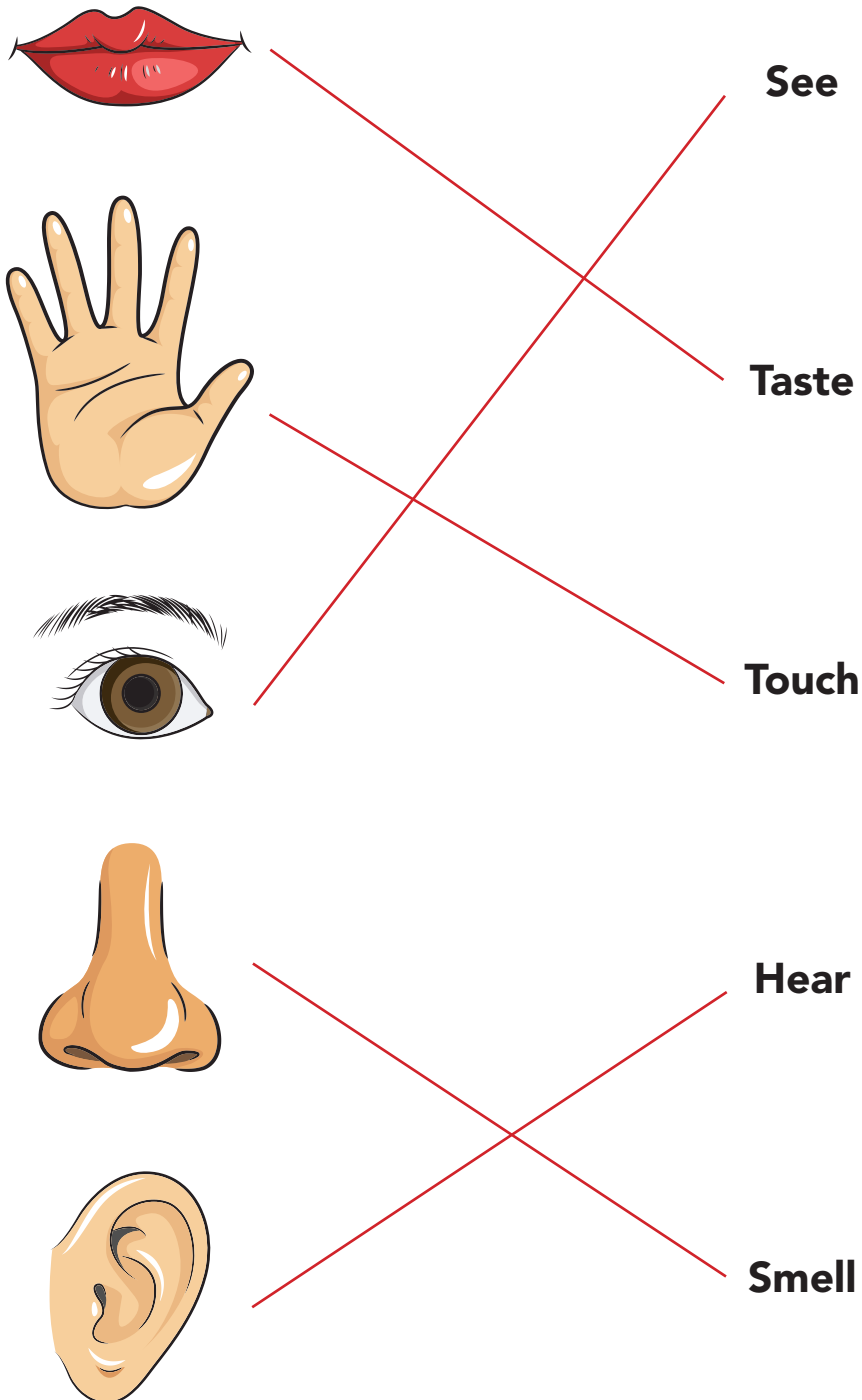


Name: _____ Date: _____

Module 1: Mindful Eating Behaviors

Lesson Theme: Being conscious of where food comes from, what we are eating and why.

ACTIVITY: Draw a line to match the picture with the sense on the right.



See

Taste

Touch

Hear

Smell