

Join the Moai Movement:

Connect with Virtual Groups

Activity	Day	Time	Description	Moai Lead
Plant-Based Potluck	2nd Tuesday (monthly)	6 p.m.	Sit and have dinner at your own home with discussion topics	Colleen
Book Club	2nd Tuesday (monthly)	7:30 p.m.	Read the book of the month and discuss it together	Kathleen
Home dining	2nd Wednesday (monthly)	12:30 p.m.	Sit and have lunch at your own home	Teri
Plant-Slant Chat	3rd Wednesday (monthly)	6 p.m.	Exchange your favorite plant-slant recipes!	Kathleen
Post-Walk Chat	Monday & Thursday (weekly)	7 p.m.	Go on individual walks and then talk about your outdoor experience	Teri
Coffee & Chat	Tuesday (weekly)	10 a.m.	Start your morning with a cup of coffee or tea with weekly discussion topics	Cathy
Photography	1st & 3rd Wednesday	10:30 a.m.	Take photos and share!	KC
Game Night	Thursday (weekly)	6 p.m.	Enjoy your night with a game of charades	Prakash
Workout	Friday (weekly)	10 a.m.	Get active with functional exercises with an emphasis on good body mechanics	Alice

PRE-REGISTRATION REQUIRED: [To be introduced to a group on this list, complete the sign-up form.](#)

Questions? E-mail bluezonesproject@bchd.org