



A Beach Cities Health District Program

HOURS
 SUNDAY-THURSDAY 10am-6pm
 FRIDAY-SATURDAY 10am-7pm
 Hours subject to change.
 AdventurePlex.org

Winter Classes 2019

January 14 - March 22

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
South Bay Music Together Cost: \$220 Ages 0-5yrs Dates: Jan. 7 - Mar. 18 Time: 9:30 - 10:15 a.m. *Siblings \$110 (9+ mo.) No Class Feb. 18	Dave Miller BBall Clinic Cost: \$170 Ages: 8-10 yr. Date: Jan. 15 - Mar. 19 Time: 3:45 - 4:45 p.m.	Peewee Picasso Cost: \$195 Ages: 16 mo. - 5 yrs. Dates: Jan. 16 - Mar. 20 Time: 10 - 10:45 a.m. *All supplies included.	Mother Nurture Network: Toddler & Me Cost: \$195 Ages 12-24 mo. Dates: Jan. 10 - Feb. 14 Time: 10 - 11:15 a.m.	Sports Fundamental Soccer Cost: \$87 Ages: 3-5 yr. Dates: Jan. 18 - Mar. 15 Time: 4:30 - 5:15 p.m. *No class Jan. 25 & Feb. 15	South Bay Music Together Cost: \$220 Ages 0-5yrs Dates: Jan. 12 - Mar. 16 Time: 10 - 10:45 a.m. *Siblings \$110 (over 9 mo.)	
Dave Miller BBall Clinic Cost: \$170 Ages: 5-7 yr. Date: Jan. 14 - Mar. 18 Time: 3:45 - 4:45 p.m.		SuperTots Multi-Sport Cost: \$176 Ages: 18-26 mo. Dates: Jan. 30 - Mar. 20 Time: 10:30 - 11:15 a.m.	South Bay Music Together Cost: \$220 Ages: 0-5 yr. Dates: Jan. 10 - Mar. 14 Time: 3:30 - 4:15 p.m. *Siblings \$110 (over 9 mo.)	Sports Fundamental BBall Cost: \$87 Ages: 3-5 yr. Dates: Jan. 18 - Mar. 15 Time: 5:15 - 6 p.m. *No class Jan. 25 & Feb. 15		
Rhythm Works Integrative Dance Cost: \$215 Ages: 15 - Adults Date: Jan. 14 - Mar. 18 Time: 4:15 - 5 p.m.		SuperTots Multi-Sport Cost: \$176 Ages: 26-35 mo. Dates: Jan. 30 - Mar. 20 Time: 11:30 a.m.- 12:15 p.m.	South Bay Music Together Cost: \$220 Ages: 0-5 yr. Dates: Jan. 10 - Mar. 14 Time: 4:30 - 5:15 p.m. *Siblings \$110 (over 9 mo.)	Basketball Skills Cost: \$87 Ages: 6-8 yr. Dates: Jan. 18 - Mar. 15 Time: 6 - 6:45 p.m. *No class Jan. 25 & Feb. 15		
Rhythm Works Integrative Dance Cost: \$215 Ages: 3-6 yr. Date: Jan. 14 - Mar. 18 Time: 5:15 - 5:45 p.m.		SuperTots Multi-Sport Cost: \$176 Ages: 3 yrs. Dates: Jan. 30 - Mar. 20 Time: 12:30 - 1:15 p.m.				
Rhythm Works Integrative Dance Cost: \$215 Ages: 7-14 yr. Date: Jan. 14 - Mar. 18 Time: 6 - 6:45 p.m.						

Sports

Basketball Skills

Kids will have fun developing their overall basketball skills. This is a great class for kids to learn balance, basic conditioning, hand eye coordination, ball handling, speed and agility. We will focus on dribbling, passing, shooting, scoring and basic team play. They will also gain self-confidence and increase their sportsmanship and teamwork.

Dave Miller Basketball Clinic

Basketball instruction and fundamental review of dribbling, passing and shooting. MVP camp is one of the most popular sports classes at Adventureplex. Players will learn the fundamentals of the sport of basketball, grow in confidence of their abilities, and apply what they learn in a game environment. Sign up for this class and grow as a player and as a person.

Sports Fundamentals: Basketball

Before a child can become the next NBA all-star, they have to develop a love for the game. Basketball FUNdamentals will get your kids started the right way, by using play and games to teach basic basketball skills like shooting, passing, dribbling and teamwork.

Sports Fundamentals: Soccer

Kids who enjoy soccer practice are more likely to continue, so we created Soccer FUNdamentals to get them started right. Your children will leave knowing basic soccer skills, including dribbling, passing and scoring, but with a focus on play and fun rather than competition.

SuperTots Multi-Sport

A development program for kids that uses a variety of fun games to engage kids while exposing them to a variety of different sports. The goal is to build fitness, muscle coordination, and sports fundamentals while fostering a love of athletics.

Dance

Rythm Works Integrative Dance

Rhythm Works Integrative Dance focuses on developmental skill-building for students who have special needs and other learning differences

Music, Language and Art

Peewee Picasso

Curiosity, discovery, and self-expression are the focus of this fantastic class as students enhance Essential Life Skills! The Play Dough Station, The Drawing Station, Building and Manipulatives, Art Story Time and more give students creative confidence and let the imagination soar! Tempera paints, collage, water color, artists markers, and more will be introduced weekly along with a core lesson. Lil' artists take home all artwork every week! Projects rotate quarterly. Parents, come join the fun!

South Bay Music Together

Music learning supports all learning. It enhances a child's language, cognitive, emotional, social, and physical development. This comprehensive music program offers your child a high level of music education