



HOURS
 SUNDAY-THURSDAY 10am-6pm
 FRIDAY 10am-7pm
 SATURDAY 4pm-7pm
 Hours subject to change.
AdventurePlex.org

Fall Classes 2019

September 9 – November 15

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
South Bay Music Together Cost: \$220 Ages: 0-5 yrs. Sibling: \$110 (over 9 mo.) Date: Sept. 9 – Nov. 11 Time: 9:30 – 10:15 a.m.	Dave Miller Basketball Clinic Cost: \$170 Ages: 8-10 yrs. Date: Sept. 10 – Nov. 12 Time: 3:45 – 4:45 p.m.	SuperTots Multi-Sport Cost: \$176 Ages: 18-24 mo. Date: Sept. 18 – Nov. 6 Time: 10:30 – 11:15 a.m.	South Bay Music Together Cost: \$220 Ages: 0-5 yrs. Sibling: \$110 (over 9 mo.) Date: Sept. 12 – Nov. 14 Time: 4:30 – 5:15 p.m.	Sports Fundamental Soccer Cost: \$108 Ages: 3-5 yrs. Dates: Sept. 13 – Nov. 15 Time: 4:30 – 5:15 p.m.
Dave Miller Basketball Clinic Cost: \$170 Ages: 5-7 yrs. Date: Sept. 9 – Nov. 18 Time: 3:45 – 4:45 p.m. *No class Veteran's Day	Mother Nurture Network Toddler & Me Cost: \$195 Ages: 12-24 mo. Dates: Sept. 10 – Oct. 15 Time: 3:45 – 5 p.m.	SuperTots Multi-Sport Cost: \$176 Ages: 26-35 mo. Date: Sept. 18 – Nov. 6 Time: 11:30 a.m. – 12:15 p.m.		Sports Fundamental Basketball Cost: \$108 Ages: 3-5 yrs. Dates: Sept. 13 – Nov. 15 Time: 5:15 – 6 p.m.
		SuperTots Multi-Sport Cost: \$176 Ages: 3 yrs. Date: Sept. 18 – Nov. 6 Time: 12:30 – 1:15 p.m.		Basketball Skills Cost: \$108 Ages: 6-8 yrs. Dates: Sept. 13 – Nov. 15 Time: 6 – 6:45 p.m.

Sports

Basketball Skills

Kids will have fun developing their overall basketball skills. This is a great class for kids to learn balance, basic conditioning, hand eye coordination, ball handling, speed and agility. We will focus on dribbling, passing, shooting, scoring and basic team play. They will also gain self-confidence and increase their sportsmanship and teamwork.

Dave Miller Basketball Clinic

Basketball instruction and fundamental review of dribbling, passing and shooting. MVP camp is one of the most popular sports classes at Adventureplex. Players will learn the fundamentals of the sport of basketball, grow in confidence of their abilities, and apply what they learn in a game environment. Sign up for this class and grow as a player and as a person.

Sports Fundamentals: Basketball

Before a child can become the next NBA all-star, they have to develop a love for the game. Basketball FUNdamentals will get your kids

started the right way, by using play and games to teach basic basketball skills like shooting, passing, dribbling and teamwork.

Sports Fundamentals: Soccer

Kids who enjoy soccer practice are more likely to continue, so we created Soccer FUNdamentals to get them started right. Your children will leave knowing basic soccer skills, including dribbling, passing and scoring, but with a focus on play and fun rather than competition.

SuperTots Multi-Sport

A development program for kids that uses a variety of fun games to engage kids while exposing them to a variety of different sports. The goal is to build fitness, muscle coordination, and sports fundamentals while fostering a love of athletics.

Music, Language and Art

South Bay Music Together

Music learning supports all learning. It enhances a child's language, cognitive, emotional, social, and physical development. This compre-

hensive music program offers your child a high level of music education through open expression, exploration, and play.

Mother Nurture Network Toddler and Me

With a focus on attachment, the unique developmental experiences at each age and stage, and a wide variety of discussion topics, moms are supported as they discover their own parenting style. Songs and fun developmental activities are designed to facilitate a nurturing environment and optimal learning. Topics covered include reflective parenting, overcoming fears, tantrums, conflict resolution, screen time, preschool prep, toilet training and so much more. Classes meet on the same day and at the same time throughout your toddler's second year to allow for moms to move through this journey as a cohort and to foster life long bonds. Classes are held in Manhattan Beach at AdventurePlex.